

Pro-ACT

Pro-ACT training can make a difference in the culture of your agency, the effectiveness of your staff, and the outcomes your clients achieve.

See what sets us apart.

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A look at two schools using Pro-ACT training. In each situation, the green arrow represents the year in which the school adopted Pro-ACT training in conjunction with strategically implemented activities and practices designed to create a culture that would not rely on restraint as a means of behavior management.

Centennial School,
Allentown, PA



(Miller, George, & Fogt, 2005)

Year	1997	1998	1999	2000	2001	2002	2003	2004	2005
Restrains	984	1,064	722 (33% Reduction)	0	2	3	1	0	1
Average Attendance	71	76	81	79	83	80	77	78	81

Restrains and seclusions have remained under a yearly total of 5 since 2000. There also has been a statistically significant rise in the display of desired pro-social behavior.

Sander's School,
Indianapolis, IN (Wayne Township)



Year	2012	2013	2014	2015	2016	2017
Restrains	715	417	831	768	601	162 (73% reduction)
Average Attendance	71	56	78	77	81	79

Use of teacher self-control plan. In a study done in 2015, three teachers developed personalized self-control plans to assist in their management of the behavior of an identified student. Student and teacher information is below. On the next page, data taken over a 45 day period shows the shift in student behavior when the teacher implemented their plans.

Student Information	Student 1	Student 2	Student 3
Gender	Male	Male	Male
Ethnicity	White	African American	African American
Age	9 years	11 years	9 years
Disability	Emotional Disorder	Autism	Emotional Disorder
Target Behavior(s)	Withdrawal Elopement	Destruction of materials Aggression towards self or others	Aggression
Teacher Information	Teacher 1	Teacher 2	Teacher 3
Gender	Female	Female	Male
Education	B.A.	M. Ed.	M. Ed.
Years Experience	7	11	9

Van Acker, E. Y., & Van Acker, R, (2015)

Results:

